

What to do if the photovoltaic panels are removed by the urban management



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Exercise: How much do I need every day?

You can do strength training by using weight machines or weights, your own body weight, heavy bags or resistance bands. You also can use resistance paddles in the water or do activities

[Acute sinusitis: Do over-the-counter treatments help?](#)

Medicine you can get without a prescription may give some relief from acute sinusitis symptoms.



Cardiopulmonary resuscitation (CPR): First aid

Cardiopulmonary resuscitation (CPR) is an emergency treatment that's done when someone's breathing or heartbeat has stopped. For example, when someone has sudden cardiac

HOA Restrictions & Guidelines for Solar Panels

Learn how to navigate HOA restrictions on solar panels, including approval tips, solar access laws, and common HOA solar



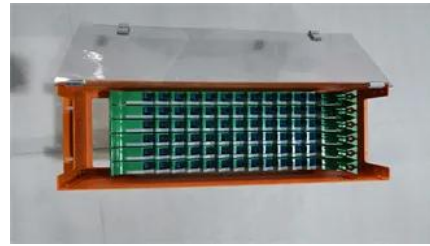
Arthritis pain: Do's and don'ts

Arthritis is a leading cause of pain and limited mobility worldwide. There's plenty of advice on managing arthritis and similar conditions with exercise, medicines and stress management.

But

Statin side effects: Weigh the benefits and risks

The body needs cholesterol. But having too much cholesterol in the blood raises the risk of heart attacks and strokes. Statins block an enzyme the liver needs to make cholesterol. This



Solar Panel Dispute Laws: Your Rights and Solutions

Navigate solar panel disputes with HOAs and neighbors. FindLaw explains your legal rights, state laws, and solutions for resolving conflicts.

[Weight training: Do's and don'ts of proper technique](#)

You might learn weight training techniques by watching friends or others in the gym, but sometimes what you see isn't safe. Weight training technique that isn't proper can lead to muscle



[Solar Panel Disputes with HOAs: California Legal Rights](#)

This comprehensive guide explores the intricacies of solar panel disputes, your rights under California law, and effective strategies to resolve conflicts while protecting your investment and

Triglycerides: Why do they matter?

Why do high triglycerides matter? High triglycerides may contribute to hardening of the

arteries or thickening of the artery walls, called arteriosclerosis. This condition increases the risk of



[Automated external defibrillators: Do you need an AED?](#)

An automated external defibrillator (AED) is a portable device that can be used to treat a person whose heart has suddenly stopped working. This condition is called sudden cardiac arrest.

[Osteopathic medicine: What kind of doctor is a D.O.?](#)

You know what M.D. means, but what does D.O. mean? What's different and what's alike between these two kinds of health care providers?



California Solar Consumer Protection Guide

If you send more electricity to the grid than you buy in a year, your provider will subtract any bill credits you already received for that excess energy, and then provide compensation at a different rate for

State Laws, HOA Rules Guide Use of Solar Panels

Your HOA community management founding documents might include language that prohibits the use of solar panels in your neighborhood. If



[Can I Object to My Neighbour's Solar Panels? Your Rights](#)



Your right to object to a neighbor's solar panels is real but limited - permits, local codes, and HOA rules all play a role.

How well do face masks protect against COVID-19?

Face masks can help slow the spread of coronavirus disease 2019 (COVID-19). Learn about mask types, which masks to use and how to use them.



[Can Your Community Remove Those Solar Panels? Let's Break It Down](#)

As photovoltaic panels age or community priorities shift, many are asking: can photovoltaic panels in the community be removed now? The answer isn't as simple as unscrewing a lightbulb - it's more like

Solar Access Laws by State: Can Your HOA Stop Your

Luckily, many states have passed solar access laws that bar HOAs from banning solar panels. Here's where those laws exist. What are solar



What to do if solar energy affects your neighbors

If solar energy systems installed on your property are adversely impacting your neighbors, several steps can be taken to address the issue

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